

Our upcoming Advanced Coastal Cruising Class is rapidly approaching! Multi-day cruising outside the gate is much different than a day sail around the bay. Many differences are discovered underway; however, one major difference is the preparation involved. Before departing on a multi-day cruise, meals need to be considered. Homework needs to be done studying charts and cruising guides. Weather forecasts need to be tracked, ocean swell forecasts considered, and tidal information determined to establish exit and return times. Here are some suggestions on those things to consider.

Meals:

There will be three breakfasts, three lunches, and two dinners. Each meal can either be a “joint effort” or everyone can be responsible for two meals. It’s up to you... any preferences? This needs to be planned out ahead of time!

A warning ... boat ovens are small ... anything to be baked must be in a small pan.

Homework:

- Read chapters 3, 4, 14, 15, & 16 in Annapolis Book of Seamanship (please bring your book with you to class)
- Read Coast Pilot 7, chapters 6 & 7 ... review information regarding chart numbers 18647 and 18682 (Drakes Bay and Half Moon Bay). Note any cautions and/or suggestions.
http://www.nauticalcharts.noaa.gov/nsd/coastpilot_w.php?book=7
- Review the current District 11 Local Notices to Mariners. Note any items impacting areas we will be travelling to and through. As a hint, look for impacts to chart numbers 18645, 18647, 18649, 18680, and 18682. <http://www.navcen.uscg.gov/?pageName=lnmMain>
I will download and provide the LNM update for the day of class.

Go/no-go Analysis:

Every day, analyze the weather and sea state forecasts using criteria in the attached **Tradewinds Sailing School and Club ... Outside the Gate**. E-mail me no later than noon on planning/provisioning day with your go/no-go recommendation.

Required Additional Gear:

- Foul weather overalls, jacket, boots, and gloves
- Harness & tether (These are not optional. Tradewinds does not have or supply tethers and/or harnesses for class use. You must provide your own.)
- Layers of clothing including thermal underwear/socks & spares
- Sleeping bag & Pillow

Please let me know if you have any questions.

<Instructor Name>